

breakfastmenu

served from 7:30 a.m. – 11:00 a.m.

cricket club breakfast	\$ 85	hkcc omelette	\$ 58
two eggs any style with bacon, sausage, grilled tomato, hash brown and baked beans toast with butter and preserves fresh orange juice tea or coffee		your choice of three fillings: smoked salmon, ham, bacon, cheese, tomato, mushroom, spinach, chives, basil, onion or olive served with mesclun salad	
vegetarian breakfast	\$ 78	eggs benedict	\$ 63
two eggs any style with mushrooms, spinach, grilled tomato, hash brown and baked beans toast with butter and preserves fresh orange juice tea or coffee		two poached eggs, toasted muffin and citrus hollandaise your choice of ● smoked ham and spinach ● smoked salmon and spinach ● sliced tomato and sliced avocado ● grilled chicken and avocado purée	
hkcc breakfast	\$ 93	smoked salmon and eggs	\$ 72
homemade granola or muesli topped with fresh berries and banana, greek yoghurt, skimmed milk, honey two poached eggs on toasted muffin ham or smoked salmon baby spinach with citrus hollandaise sauce fresh orange juice tea or coffee		toasted sourdough, grilled asparagus, smoked salmon and scrambled eggs	
continental breakfast	\$ 55	breakfast egg frittata	\$ 62
cornflakes with skimmed milk croissants or danish pastry or muffin or toast fresh orange juice tea or coffee		pork sausage, bacon, tomato, potato and mushrooms	
gym's breakfast	\$105	french toast	\$ 38
grilled organic chicken breast, sautéed spinach, avocado purée and two fried eggs fresh orange juice tea or coffee		sliced banana, mixed berries, maple syrup and whipped cream	
chinese breakfast	\$ 75	assorted fresh fruit salad	\$ 58
your choice of two items: ● congee of the day ● fried noodles with soy sauce ● ham and fried egg sandwich on white bread fresh orange juice tea or coffee		served with greek yoghurt and passion fruit and mango purée	
		house made granola or muesli	\$ 38
		topped with fresh berries and banana served with greek yoghurt, honey and skimmed milk	
		hot cakes (2pcs)	\$ 34
		mini hot cakes (10pcs)	\$ 32
		served with maple syrup	
		congee of the day	\$ 40
		fried noodles with soy sauce	\$ 34
		bean sprouts and spring onion	
		croissants (2pcs)	\$ 18
		danish pastries (2pcs)	
		english muffins (2pcs)	
		toast (2pcs)	
		served with butter and preserves	
		cereals	\$ 20
		your choice of: cornflakes or ko ko crunch served with skimmed milk	
		extra fillings	each \$ 15
		pork sausage (1pc)	bacon (1pc)
		ham (1pc)	fried egg (1pc)
		grilled tomato(1pc)	poached egg (1pc)
		baked beans	hash brown (1pc)
		sautéed baby spinach	sautéed mushrooms
		avocado purée	fruit yoghurt

breakfasthealingdrink

power breakfast	\$ 50
banana, blueberry, peanut butter, yoghurt and muesli	
honey morning	\$ 50
banana, oats, honey, yoghurt and organic flaxseed	
liquid breakfast	\$ 46
banana, blueberries, strawberries, yoghurt and organic flaxseed	
energetic punch	\$ 42
banana, strawberries, orange juice	
detoxifier	\$ 42
apple, carrot, pear and cucumber	
peak performance	\$ 42
apple, pear, pineapple and grapes	

**breakfast buffet at \$128 per person; \$60 per child (age3-12)
available on saturday and sunday from 8:00 a.m. to 10:30 a.m.**